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IMPORTANT NOTICE
 As a result of the recent events relating to Cardinal Pell this week, I am aware that you may be feeling a range of emotions and reactions in response to this series of events. If you need to talk to someone about this, please know that I am available to talk. Please don't wrestle with this alone – particularly if it is really painful for you. Feel free to come in the Parish Office, or call me, or send me an email. If you prefer to speak to someone not connected to the Church, please know that you can also call the Archdiocesan Employee Assistance Program on **1800 81 87 28**. For more information on what support they can offer, visit their website at accesseap.com.au. **Fr Lam**

Rising Youth Ministry Launch Party!
 Come and celebrate the launch of Rising Youth Ministry with *fun, food & games*, as we *dance* the night away!
 When: Saturday 27th April 2019, 6-9pm
 Where: St Francis Hall, 47 Dornoch Tce., West End
 Who: Ages 5-18 welcome. Supervised activities catered for every age group!
 Free entry (donations welcomed)
 RSVP by the 20th of April, 2019. Email rising@awaken.org.au
 For more information, contact Lana at: 0412 421 247
 Sponsored by the Awaken Community
 "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity" – 1 Timothy 4:12



EMBRACING THE COMMUNITIES OF:
 St Mary's - South Brisbane;
 St Ita's - Dutton Park;
 St Francis of Assisi - West End &
 Our Lady of Perpetual Succour - Fairfield.
 Under the care of the Capuchin Franciscan Friars



Eighth Sunday In ordinary Time (Year C)
3rd March 2019

Dear Parishioners,

We were all shocked and saddened by the Cardinal Pell guilty verdict of historical sexual abuse. He's currently been remanded to Melbourne Assessment Prison, pending a sentencing hearing set for March 13, 2019. He has maintained his innocence and the conviction will be appealed.

Archbishop Mark Coleridge, President of the Australian Catholic Bishops Conference, on February 26, 2019, issued the following statement in response to the conviction:

The news of Cardinal George Pell's conviction on historical child sexual abuse charges has shocked many across Australia and around the world, including the Catholic Bishops of Australia.

The Bishops agree that everyone should be equal under the law, and we respect the Australian legal system. The same legal system that delivered the verdict will consider the appeal that the Cardinal's legal team has lodged. Our hope, at all times, is that through this process, justice will be served.

In the meantime, we pray for all those who have been abused and their loved ones, and we commit ourselves anew to doing everything possible to ensure that the Church is a safe place for all, especially the young and the vulnerable.

This Wednesday is **Ash Wednesday**. That means, it is the first day of Lent and we commence the season of Lent (the season of penitence). Lent is a period of fasting, repentance, moderation and spiritual discipline to prepare us to celebrate Christ's Resurrection on Easter Sunday, through which we attained redemption.

On Ash Wednesday, we are to:

- 1) **Abstain from meat.** Catholics 14 years and older are bound to abstain from meat. The sick, pregnant and nursing mothers are exempt.
- 2) **Fast.** This means having only one full meal to maintain one's strength. Two smaller, meatless and penitential meals are permitted according to one's needs, but they should not together equal the one full meal. Eating solid foods between meals is not permitted. Catholics from 18 to 59 years old are bound to fast. Again, the sick, pregnant and nursing mothers are exempt.

Prayer, Fasting and Almsgiving

During Lent, we seek to follow the mind of the Church in developing our spiritual life. The Church recommends three key penitential practices for Lent and these are: prayer, fasting and almsgiving or mercy. St Peter Chrysologus said that Prayer knocks at the door, fasting obtains and mercy receives. He said these three components are one, and they give life to each other.

It is practical for us to give up something during the Lent but also to do something extra. Pray and discern carefully before you set your goals. However, remember, Lent is about conversion, turning our lives more completely over to Christ and his way of life. And that always involves giving up sin in some form. The goal is not just to abstain from sin for the duration of Lent but to root sin out of our lives forever. Conversion means leaving behind an old way of living and acting in order to embrace new life in Christ.

Have holy and fruitful Lenten season.

Peace and blessing,

Fr Lam

MASS TIMES
St Mary's Church (20 Merivale St. South Brisbane)
 Mon-Fri 7am; Sat 8am (Rosary after Mass)
 Sunday 9am and 5pm
St Francis' Church (47 Dornoch Tce., West End)
 Mon-Fri 10am (Rosary before Mass at 9.30am)
 (Anointing: 1st Friday); Sunday: 9am
St Ita's Church (Pope St., Dutton Park)
 Saturday (Vigil) 5pm; Sunday 8.00am
Church of Our Lady of Perpetual Succour
 (Victoria St., Fairfield)
 Sunday 7am (Anointing: 1st Sunday)

PARISH OFFICE
 47 Dornoch Terrace, WEST END Qld 4101
Postal: PO Box 3857, WEST END Qld 4101
Emails: southbrisbane@bne.catholic.net.au
stiaspar@bne.catholic.net.au
Office Hours: 9am - 2pm, Mon-Fri
Telephone: (07) 3844 2744
Websites: www.southbrisbanestmarys.org.au
www.duttonparkcatholic.org.au

Parish Priest: Fr. Lam Vu OFM Cap
Ass. Parish Priest: Fr. Bollar Barreto OFM Cap
Parish Pastoral Co-Ordinator: Sr Salvacion Bunao SFI
Parish Secretary: Bernadette Maguire
Sacramental Administrator: Niken Westerman
Safeguarding Officers: Sarah Grealy (0434 889 110)
 Chris Bolger (0407 480 205)

ST ITA'S SCHOOL
Phone: (07)3838 8400
Email: pducttonpark@bne.catholic.edu.au
Web: www.stiasduttonpark.qld.edu.au

Confession
St Mary's Church: Fri 7.30am-8am Sat 8.30-9.30am; Sun 4-4.45pm
St Ita's Church: Sat 4-4.50pm

Parish Activities in 2019

BAPTISMS

Saturday | 9.30am | monthly

1st Saturday St Francis'
2nd Saturday St Mary's
3rd Saturday St Ita's

Family preparation sessions are held at St Ita's on the first Thursday night of each month at 6.30pm bookings essential

ADORATION

Sunday 4-5pm St Mary's Church

PRAYER AND QUIET REFLECTION

Monday to Friday 12-2pm **St Mary's** Church

AWAKEN: TOGETHER IN CHRIST

Tuesday 7pm

St Francis Hall, 47 Dornoch Terrace, West End

website: awaken.org.au

CAKE STALL

St Francis Church
 Third Sunday of the month After the 9am mass

ST FRANCIS TABLE—Ministry to the Elderly

Monday 10am -1pm

St Francis Hall, 47 Dornoch Terrace, West End

ANOIDING OF THE SICK MASS

First Friday of the Month | St Francis 10am

First Sunday of the month | OLPS Fairfield 7am

PARISH MORNING TEAS

Every Sunday St Mary's (and Feast Days)

First Sunday of the month

OLPS Fairfield after 7am Mass

St Francis Church after 9am mass

FAMILY MASS

Fourth Saturday of the month | St Ita's Church 5pm
 (school term only)

NEW PARISHIONERS

We would like to help you feel at home in the Parish. Would you please make yourselves known to our Priests and to the parishioners who greet you as you arrive. Welcome leaflets with basic information about the parish are also available either at the door of the church or by contacting the parish office. Thank you for becoming part of our community.

READINGS AT MASS

Entrance Antiphon Cf. Ps 17: 19-20

The Lord became my protector.

He brought me out to a place of freedom;
 he saved me because he delighted in me.

First reading Ecclesiasticus 27:5-8

In a shaken sieve the rubbish is left behind, so too the defects of a man appear in his talk.

The kiln tests the work of the potter, the test of a man is in his conversation.

The orchard where a tree grows is judged on the quality of its fruit, similarly a man's words betray what he feels.

Do not praise a man before he has spoken, since this is the test of men.

Responsorial Psalm Ps 91(92):2-3,13-16

R: Lord, it is good to give thanks to you.

1. It is good to give thanks to the Lord, to make music to your name, O Most High, to proclaim your love in the morning and your truth in the watches of the night. R/

2. The just will flourish like the palm tree and grow like a Lebanon cedar. R/

3. Planted in the house of the Lord they will flourish in the courts of our God, still bearing fruit when they are old, still full of sap, still green, to proclaim that the Lord is just. In him, my rock, there is no wrong. R/

Second reading

1 Cor 15:54-58

When this perishable nature has put on imperishability, and when this mortal nature has put on immortality, then the words of scripture will come true: *Death is swallowed up in victory. Death, where is your victory? Death, where is your sting?* Now the sting of death is sin, and sin gets its power from the Law. So let us thank God for giving us the victory through our Lord Jesus Christ.

Never give in then, my dear brothers, never admit defeat; keep on working at the Lord's work always, knowing that, in the Lord, you cannot be labouring in vain.

Gospel Acclamation

Philippians 2:15-16

Alleluia, alleluia!

Shine on the world like bright stars;

you are offering it the word of life.

Alleluia!

Gospel

Luke 6:39-45

Jesus told a parable to his disciples: 'Can one blind man guide another? Surely both will fall into a pit? The disciple is not superior to his teacher; the fully trained disciple will always be like his teacher. Why do you observe the splinter in your brother's eye and never notice the plank in your own? How can you say to your brother, "Brother, let me take out the splinter that is in your eye," when you cannot see the plank in your own? Hypocrite! Take the plank out of your own eye first, and then you will see clearly enough to take out the splinter that is in your brother's eye.

'There is no sound tree that produces rotten fruit, nor again a rotten tree that produces sound fruit. For every tree can be told by its own fruit: people do not pick figs from thorns, nor gather grapes from brambles. A good man draws what is good from the store of goodness in his heart; a bad man draws what is bad from the store of badness. For a man's words flow out of what fills his heart.'

Communion Antiphon

Cf. Ps 12: 6

I will sing to the Lord who has been bountiful with me, sing psalms to the name of the Lord Most High.

Next Sunday's readings: 1st reading: Deut 26:4-10; **2nd reading:** Rom 10:8-13; **Gospel:** Lk 4:1-13

Excerpts from the *Roman Missal* © 2010, International Commission on English in the Liturgy (ICEL) and "Excerpts from Universalis © 1996-2017 Universalis Publishing Limited: see www.universalis.com.

This Week's Liturgical Calendar (Psalm Responses) 8th Week in Ordinary Time

Monday 4th:

R/ Let the just exult and rejoice in the Lord.

Tuesday 5th:

R/ To the upright I will show the saving power of God.

Wednesday 6th: ASH WEDNESDAY (Fast and abstinence)

R/ Be merciful, O Lord, for we have sinned.

Thursday 7th:

R/ Happy are they who hope in the Lord.

Friday 8th:

R/ A broken, humbled heart, O God, you will not scorn.

Saturday 9th:

R/ Teach me your way, O Lord, that I may be faithful in your sight.

2 MINUTE CATECHISM

Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46.

A. It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?

A. Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products?

A. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavoured with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted. (Taken from www.usccb.org)

Things to do during Lent

* Begin each morning with the prayer: "Lord, I offer you this day, and all that I think, and do, and say."

* Attend Daily Mass as often as possible.

* Pray the Sorrowful Mysteries of the Rosary.

* Make the Stations of the Cross at home or in our parish

(Every Friday at 7pm at St Mary's).

* Read Scripture for 10 minutes every day.

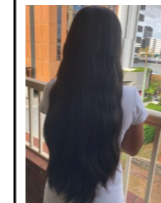
Pray the Seven Penitential Psalms (Psalm 6, 31, 50, 101, 129, and 142).

* Spend some time in quiet prayer before the Blessed Sacrament (St Mary's Church is opened Mon-Fri 12-2pm).

* Listen to spiritual music or a spiritual speaker.

* Keep a Lenten journal with your spiritual insights, special intentions, people you want to pray for, hurts and disappointments that you want to offer up, and progress reports on your Lenten resolutions.

* Go to confession. If you haven't gone to confession in a while, Lent is the perfect time to reconcile yourself with God and the Church. Check the Parish newsletter for confession times. If the time is not suitable to you, then you can make a private appointment with any of our priests.



WORLD'S GREATEST SHAVE

Abiona, one of the young Altar Servers at St Mary's Church is going to cut her hair (see photo) to fundraise for a cure for Leukaemia. Abiona will be having her hair cut at St Mary's on Sunday, 17 March after 9 am Mass. To sponsor Abiona, please go to <https://worldsgreatestshave.com/> and select "Sponsor" and type in "Abiona Sebastian".



Awaken Together In Christ

Every Tuesday at 7pm

St Francis' Hall, 47 Dornoch Tce West End.
 A ministry bringing hope and the tangible presence of Christ to the lost and a deeper connection for those who know Him.

Website: awaken.org.au

Hosted by St Mary's & Dutton Park Parishes.

**Tuesday 5th March 2019
 Mass and Rosary**



Ash Wednesday Mass Times

6th March - a day of fasting and abstinence.

St Ita's 8.45 am (school mass)

St Mary's 7am — St Francis 10am and 6pm

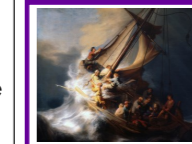


Stations of the Cross

Every Friday night during Lent from 7.00pm at

St Mary's Church.

Starting on Friday 8th March.



Lenten Program 2019—Trust

7pm every Thursday

Starting on Thursday 7th March at
 St Francis Hall—Meeting Room



ST ITA'S CATHOLIC PRIMARY SCHOOL

Now receive enrolment for 2020

Contact School office 3838 8400 or

pduptonpark@bne.catholic.edu.au

Position Vacant

Office Coordinator: St John's Wood, The Gap Application close 11/03/19. Parish Youth Ministry Worker: Star of the Sea Cleveland Parish Application close 10/03/19. visit the Archdiocese of Brisbane website <https://brisbanecatholic.org.au/careers/> for more information. *The Archdiocese of Brisbane has standards of conduct for employees and volunteers to maintain a safe and healthy environment. Our commitment to these standards requires that we conduct background referencing for all persons who will engage in direct and regular involvement with children, young people and/or vulnerable adults.*

2019 Confirmation Program

Enrolments (Year 3 students or older)

St Ita's WEDNESDAY 29TH MAY—6PM (ST ITA'S)

Information Session on Wednesday 3rd April 6pm.

Enrolment form is available on our website

www.duttonparkcatholic.org.au. This need to be returned by Friday 27th March.

St Francis & St Mary's (Combined)

SUNDAY 16th JUNE- 9AM (ST FRANCIS)

Information Session on Thursday 16th May at 6.30pm.

Enrolment form is available at the back of the Church or on our website www.southbrisbanestmarys.org.au. This need to be returned by Thursday 9th May.

Please contact Parish office on 3844 2744 or email sacramental.southbrisbane@bne.catholic.net.au for further information.



Join us this Sunday for our Monthly Parish Morning Teas

Our Lady of Perpetual Succour Fairfield

After 7am mass

St Francis of Assisi West End after 9am Mass
St Mary's after 9am and 5pm Masses