

Brisbane's best Asian cuisine
Quan Thanh
 * Authentic Vietnamese, Chinese & Malaysian Cuisine
 * Friendly Service * Dine In & Take Away * BYO
 * Open 7 Days a Week: 10.00am - 10.00pm
 Shop 1 & 5, 75 Hardgrave Road, West End, Qld.
 Phone: (07) 3846 3849
 or (07) 3844 1262

When was the last time you reviewed your will?
 HopgoodGanim Lawyers is a Brisbane-based law firm which was founded in 1974. We can help you with:
 • wills & estate planning; and
 • estate administration & disputes.
 Contact - Greg Cox
 3024 0331
 g.cox@hopgoodganim.com.au
 www.hopgoodganim.com.au

Something's blooming in the field of flowers.
 An exciting new Retirement Living and Aged Care community is being created in leafy Auchenflower. It will be home to a variety of living options, with enviable amenities and a lush village green at its heart.
 For more information, contact Louise Feeney on 3217 3331.
St Faber's Green
 AUCHENFLOWER
 stfabersgreen.com.au

CGE Electrical & Communications
 Built on Relationships, founded on Service
 DOMESTIC COMMERCIAL INDUSTRIAL ELECTRICIANS
 24 (07) 3391 8778
 www.cge.com.au

K.M.SMITH FUNERAL DIRECTORS
 We think of everything
 Prearrangement and prepayment options available. Ask us to send you a free Life Book on 3252 2031
 K.M.Smith is and always has been a 100% Queensland family owned firm providing a caring funeral service built upon strong family values. We have served Queensland families in their hour of need for six generations.
 www.kmsmith.com.au

Love Them Both
 Join the growing Movement for Life.

Loughmore House (Holiday Accommodation)
 Conveniently located along a scenic route between Stanthorpe and Ballandean, only a 2.5 hour drive from Brisbane. Relax with family or friends in our fully renovated, three bedroom Queenslander. Granite Belt vineyards on your doorstep, Girraween National Park over your back fence. Fireplace, BBQ, TV/DVD, DVD library, air-conditioner, electric blankets, etc. Linen and firewood provided. M: 0419 782625 2 Armstrong Lane, Eukey, QLD 4380
 www.stayatloughmore.com.au Email: info@stayatloughmore.com.au

Do beautiful things, great and small
 Message from Paul O'Rourke, CEO of Emily's Voice
 Mother Teresa said: "Not all of us can do great things. But we can do small things with great love."
 We have been repeatedly asked in recent weeks, "What can I do?" as an increasingly outraged group of Australians is awakened to the brutal realities of abortion and its effects on mums, children and society. Together we can do small and great things, all with love. To find out how visit:
https://emilysvoice.com/practical-guide-to-be-voice-for-life/?mc_cid=65b5d281ef&mc_eid=ae7ddb91c3

Become a Prison Chaplain
 Catholic men and women provide pastoral care to prisoners in the eleven Correctional Centres in the Archdiocese of Brisbane
 Centacare currently seeks expressions of interests from **men and women** who would be interested to know more about the work of chaplains in the Correctional Centres in the Wacol precinct and at Borallon Training Correctional Centre
 Chaplains visit these Correctional Centres as part of the Catholic team on a rostered weekly basis.
 There is a brochure available in your church with more details. Training is provided and travel expenses reimbursed. It's a great way to make a real difference to someone's life through the Christian ministry of pastoral care, making known the love God has all for people.
If you would like to discuss this role and its suitability for you, please call: Judy Norris, Director, Centacare Pastoral Ministries on 33243193 A reference from your Parish Priest is required along with all Archdiocesan safeguarding compliance requirements including Blue Card and police check

RISING YOUTH MINISTRY
Launch Party!
 Come and celebrate the launch of Rising Youth Ministry with *fun, food & games*, as we *dance* the night away!
 When: Saturday 27th April 2019, 6-9pm
 Where: St Francis Hall, 47 Dornoch Tce., West End
 Who: Ages 5-18 welcome. Supervised activities catered for every age group!
 Free entry (donations welcomed)
 RSVP by the 20th of April, 2019. Email rising@awaken.org.au
 For more information, contact Lana at: 0412 421 247
 Sponsored by the Awaken Community

"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity" - 1 Timothy 4:12



EMBRACING THE COMMUNITIES OF:
 St Mary's - South Brisbane;
 St Ita's - Dutton Park;
 St Francis of Assisi - West End &
 Our Lady of Perpetual Succour - Fairfield.
 Under the care of the Capuchin Franciscan Friars



First Sunday of Lent (Year C)
 10th March 2019

Dear Parishioners,

Welcome to this great Lenten journey!
 The three traditional pillars of Lenten observance are prayer, fasting and almsgiving.
 One of the questions that we ask each other is: What are you giving up for Lent? Now do you know why the Church asks us to fast, especially during Lent?
 The Catechism of the Catholic Church says that fasting is meant to prepare us for the liturgical feast (CCCC 1438). Fasting allows us to feel our hunger. Our physical hunger and thirst are meant to get us in touch with our spiritual hunger and thirst. The physical is always the portal to the spiritual. Innate in us is a hunger and thirst that yearn for more. The pangs of hunger and thirst remind us of our hunger and thirst for God. Thus, the Church doesn't see fasting as an end in itself. Instead, fasting is a means to the joy of the feast.
 The question we need to ask ourselves is: Am I master of my appetite or my appetite master of me? Because only if I am a master of my appetite and my passion, that I can truly enjoy the joy and goodness of the feast.
 At the end of a good meal, we have 3 choices: One, we can return for more food, even though we are already full, and become a gluttony. Two, we can repress our hunger and pretend we don't feel it. Or three, we can allow our desire for 'the more' to awaken our hope for a feast that lasts forever.
 If you have never experienced hunger, how can you truly celebrate the joy of feasting? Jesus promised us that there is a feast that corresponds to our yearning.

There is a banquet that corresponds to our hunger for the infinite and a joy that never ends. At the source and summit of our faith is a feast, a banquet, and the bread that comes down from heaven (the new manna). Therefore, in this context, the whole purpose of Lent is precisely to get us in touch with our hunger for the infinite. And fasting is meant to prepare us for the feast of heaven.
 This Sunday at 3pm, I will accompany 7 of our RCIA candidates together with their sponsors to St Stephen's Cathedral for the **Rite of Election**. The Rite of Election is a significant step for those who want to be received into the Catholic Church - preparing to receive the Sacraments of Baptism, Confirmation and the Eucharist at Easter.
 During the Rite of Election, the godparents and catechists give witness to the catechumen's intention to be a follower of Christ and the catechumen's readiness to approach the Church to receive the sacraments of initiation. The Church makes its election of the catechumen, founded on the election by God, in whose name the Church acts. The catechumen is then invited to inscribe their name in the Book of the Elect as a sign of their pledge of fidelity to Christ. This signifies that they have heard God call their name and wish to respond to his call. Could you please keep these 7 candidates in your prayers?
 Peace and blessing
 Fr Lam

MASS TIMES
St Mary's Church (20 Merivale St. South Brisbane)
 Mon-Fri 7am; Sat 8am (Rosary after Mass)
 Sunday 9am and 5pm
St Francis' Church (47 Dornoch Tce., West End)
 Mon-Fri 10am (Rosary before Mass at 9.30am)
 (Anointing: 1st Friday); Sunday: 9am
St Ita's Church (Pope St., Dutton Park)
 Saturday (Vigil) 5pm; Sunday 8.00am
Church of Our Lady of Perpetual Succour
 (Victoria St., Fairfield)
 Sunday 7am (Anointing: 1st Sunday)

PARISH OFFICE
 47 Dornoch Terrace, WEST END Qld 4101
Postal: PO Box 3857, WEST END Qld 4101
Emails: southbrisbane@bne.catholic.net.au
 stitasp@bne.catholic.net.au
Office Hours: 9am - 2pm, Mon-Fri
Telephone: (07) 3844 2744
Websites: www.southbrisbanestmarys.org.au
 www.duttonparkcatholic.org.au

Parish Priest: Fr. Lam Vu OFM Cap
Ass. Parish Priest: Fr. Bollar Barreto OFM Cap
Parish Pastoral Co-Ordinator: Sr Salvacion Bunao SFI
Parish Secretary: Bernadette Maguire
Sacramental Administrator: Niken Westerman
Safeguarding Officers: Sarah Grealy (0434 889 110)
 Chris Bolger (0407 480 205)

ST ITA'S SCHOOL
Phone: (07)3838 8400
Email: pduttonpark@bne.catholic.edu.au
Web: www.stitaduttonpark.qld.edu.au

Confession
St Mary's Church:
 Fri 7.30am-8am Sat 8.30-9.30am; Sun 4-4.45pm
St Ita's Church: Sat 4-4.50pm

Parish Activities in 2019

BAPTISMS

Saturday | 9.30am | monthly

1st Saturday St Francis'
2nd Saturday St Mary's
3rd Saturday St Ita's

Family preparation sessions are held at St Ita's on the first Thursday night of each month at 6.30pm bookings essential

ADORATION

Sunday 4-5pm St Mary's Church

PRAYER AND QUIET REFLECTION

Monday to Friday 12-2pm St Mary's Church

AWAKEN: TOGETHER IN CHRIST

Tuesday 7pm

St Francis Hall, 47 Dornoch Terrace, West End

website: awaken.org.au

CAKE STALL St Francis Church

Third Sunday of the month After the 9am mass

ST FRANCIS TABLE—Ministry to the Elderly

Monday 10am -1pm

St Francis Hall, 47 Dornoch Terrace, West End

ANOINTING OF THE SICK MASS

First Friday of the Month | St Francis 10am

First Sunday of the month | OLPS Fairfield 7am

PARISH MORNING TEAS

Every Sunday St Mary's (and Feast Days)

First Sunday of the month

OLPS Fairfield after 7am Mass

St Francis Church after 9am mass

FAMILY MASS

Fourth Saturday of the month | St Ita's Church 5pm
(school term only)

NEW PARISHIONERS

We would like to help you feel at home in the Parish. Would you please make yourselves known to our Priests and to the parishioners who greet you as you arrive. Welcome leaflets with basic information about the parish are also available either at the door of the church or by contacting the parish office. Thank you for becoming part of our community.

READINGS AT MASS

Entrance Antiphon Cf. Ps 90: 15-16

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

First reading Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me."

'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

Responsorial Psalm

Psalm 90(91):1-2,10-15

Be with me, Lord, when I am in trouble.

Second reading

Romans 10:8-13

Scripture says: *The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, for everyone who calls on the name of the Lord will be saved.*

Gospel Acclamation

Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!

Gospel

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you, and again:

They will hold you up on their hands in case you hurt your foot against a stone.'
But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.'
Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

Communion Antiphon

Mt 4: 4

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

Next Sunday's readings: 1st reading: Gen 15:5-12,17-18; 2nd reading: Phil 3:17- 4:1; Gospel: Lk 9:28-36

Excerpts from the *Roman Missal* © 2010, International Commission on English in the Liturgy (ICEL) and "Excerpts from *Universalis* © 1996-2017 Universalis Publishing Limited: see www.universalis.com.

This Week's Liturgical Calendar (Psalm Responses) First Sunday of Lent

Monday 11th:

R/ Your words, Lord, are spirit and life.

Tuesday 12th:

R/ From all their afflictions God will deliver the just.

Wednesday 13th:

R/ A broken, humbled heart, O God, you will not scorn.

Thursday 14th:

R/ Lord, on the day I called for help, you answered me.

Friday 15th:

R/ If you, O Lord, laid bare our guilt, who could endure it?

Saturday 16th:

R/ Happy are they who follow the law of the Lord!

2 MINUTE CATECHISM

Q: What is Lent?

A: Lent is the forty day period before Easter, excluding Sundays. It begins on Ash Wednesday and ends on Holy Saturday (the day before Easter Sunday). In order to give special prominence to the Sacred Triduum (Mass of the Lord's Supper, Good Friday, Easter Vigil) the current calendar counts Lent from Ash Wednesday to the Mass of the Lord's Supper on Holy Thursday. Lenten practices are properly maintained up to the Easter Vigil.

Q: Why are Sundays excluded from the forty days?

A: Sunday is the day Christ rose, making it an inappropriate day to fast and mourn our sins. On Sunday we must celebrate Christ's resurrection for our salvation. It is Friday on which we commemorate his death for our sins. The Sundays of the year are days of celebration and the Fridays of the year are days of penance.

Q: Since Sundays are not counted in the forty days of Lent, does giving up something apply to them?

A: Customarily, no. However, since the giving up of something is voluntary to begin with, there is no official rule concerning this aspect of it. Nevertheless, since Sundays are days of celebration, it is appropriate to suspend the Lenten self-denial on them that, in a spiritual and non-excessive way, we may celebrate the day of Our Lord's resurrection so that that day and that event may be contrasted with the rest of the days of Lent and the rest of the events of history. This heightened contrast deepens the spiritual lessons taught by the rest of Lent.

Taken from www.holyspiritstamford.org

Things to do during Lent

- * Begin each morning with the prayer: "Lord, I offer you this day, and all that I think, and do, and say."
- * Attend Daily Mass as often as possible.
- * Pray the Sorrowful Mysteries of the Rosary.
- * Join in the Lenten Reflection each Thursday evening.
- * Make the Stations of the Cross at home or in our parish (Every Friday at 7pm at St Mary's).
- * Read Scripture for 10 minutes every day.
- Pray the Seven Penitential Psalms (Psalm 6, 31, 50, 101, 129, and 142).
- * Spend some time in quiet prayer before the Blessed Sacrament (St Mary's Church is opened Mon-Fri 12-2pm).
- * Listen to spiritual music or a spiritual speaker.
- * Keep a Lenten journal with your spiritual insights, special intentions, people you want to pray for, hurts and disappointments that you want to offer up, and progress reports on your Lenten resolutions.
- * Go to confession. If you haven't gone to confession in a while, Lent is the perfect time to reconcile yourself with God and the Church. Check the Parish newsletter for confession times. If the time is not suitable to you, then you can make a private appointment with any of our priests.

St Mary's Church Cleaning

Saturday 23 March - 10am Volunteers needed please.
Please contact Ruby on 0412 193 462

St Mary's Easter Passion Play GOOD FRIDAY @ 2pm

Sr Salvacion and Sr Analissa are calling for all children who are interested in participating in this year's Passion Play on Good Friday at St Mary's Church at 2pm. Please see either Sister Analissa or Sister Salvacion after mass if your child is interested.



Awaken Together In Christ

Every Tuesday at 7pm

St Francis' Hall, 47 Dornoch Tce West End.
A ministry bringing hope and the tangible presence of Christ to the lost and a deeper connection for those who know Him.

Website: awaken.org.au

Hosted by St Mary's & Dutton Park Parishes.

**Tuesday 12th March 2019
Meditation**



Stations of the Cross

Every Friday night during Lent from 7.00pm at
St Mary's Church.
Starting on Friday 8th March.



Lenten Program 2019—Trust 7pm every Thursday

Starting on Thursday 7th March at
St Francis Hall—Meeting Room

2019 Confirmation Program

Enrolments (Year 3 students or older)

St Ita's WEDNESDAY 29TH MAY—6PM (ST ITA'S)

Information Session on Wednesday 3rd April 6pm (in church)
Enrolment form is available on our website
www.duttonparkcatholic.org.au. This need to be returned by Friday 27th March.

St Francis & St Mary's (Combined) SUNDAY 16th JUNE- 9AM (ST FRANCIS)

Information Session on Thursday 16th May at 6.30pm (in hall)
Enrolment form is available at the back of the Church or on our website www.southbrisbanestmarys.org.au. This need to be returned by Thursday 9th May.

Please contact Parish office on 3844 2744 or email sacramental.southbrisbane@bne.catholic.net.au for further information.

CONTAINERS FOR CHANGE – Recycle and support St Mary's Church Restoration fundraising by depositing the 10 cents refund from your eligible drink containers (soft drinks cans and bottles, water bottles, flavoured milk) to
Scheme ID: C10064056.

Dutton Park West End—Scheme ID is coming!!

Appeal

Capuchin Friars and Franciscan Immaculatae Sisters Ministry to the Homeless and Poor Every Wednesday & Saturday nights Food/Supplies Urgently Needed

Help someone less fortunate than yourself this winter. The Parish urgently requires the following items:

- Foam (450ml or 375ml)
- Instant Coffee, cordial, iced tea
- Milo/Chocolate hot drink
- Assorted Sweet Biscuits
- Chocolates/Lollies (individually packed)
- Serviettes/ hand sanitizer
- Cup cakes/muffins (individually packed)
- Loaves of Bread, cans of tuna/salmon
- Disposable gloves (M/L) for food handling
- Voucher—Coles or Woolworths—this will enable us to purchase weekly fresh items eggs, milk, bread, ham, cheese, peanut butter/nutella, mayonnaise, etc

Please leave all donations/items in labelled boxes at the back of your church. Thank you so much for your help and support. God Bless.