



Embracing the communities of:
 St Mary's South Brisbane,
 St Francis of Assisi West End,
 St Ita's Dutton Park &
 Our Lady of Perpetual Succour Fairfield
Under the care of the Capuchin Franciscan Friars



The community of St Mary's Catholic Parish and Dutton Park Catholic Parish acknowledge the traditional custodians of the land on which our parishes stand.

14TH SUNDAY IN ORDINARY TIME Year A - 9th July 2023

Good News Reflection: How to make burdens feel light

Does the yoke of Jesus weigh you down or does it feel light? His yoke -- according to what he exemplified with his life -- is servanthood, a ministry that cares for others, a love that makes sacrifices.

We feel weighed down by personal struggles; we have so many of our own crosses to carry and so many people need our attention that we're exhausted from it all. We need a vacation, an escape, time out! So why does Jesus tell us that his yoke is easy? Why does he say that the burdens of servanthood are light?

How can sharing in the ministry of Jesus be restful?

When the burdens of life wear us down and tire us out, it's usually because we've taken on more responsibility than God has actually given to us.

Or else it's because we're expending energy trying to get rid of a cross after Jesus has yoked us to it. If the burden leads to burn-out, God lets us get tired, because he's warning us: "Slow down! Simplify your life! Make a change! Spend more time in prayer!"

If it leads to anger and resentment, God is showing

us that our selfish desire for an easier life is, in reality, making our lives more difficult.

In other words, when we strain and pull against the yoke -- against our union with Christ -- we suffer from our own mistaken ideas of what we should be doing. It is when we remember that we're yoked to Someone who is infinitely stronger and wiser than we are that the burden becomes light. The yoke becomes a source of joy.

Jesus offers us everything we need for plowing the fields that God assigns to us. When we cooperate with him, the burden is indeed light. We find rest in Jesus and we benefit from his strength. Our anger and resentment and weariness disappear. We experience holy pleasure in our tasks, because we're yoked to the goodness and the energy of Jesus himself.

Questions for Personal Reflection:

What are you doing that seems like a good idea but is wearing you out? What part of it is not God's idea for you? What can you do to slow down, simplify, make a change, and become more aware of the strength of Jesus?

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Welcome to New Parishioners

Please make yourselves known to our Priests and to the parishioners who greet you as you arrive. For more information about our parish or how to volunteer in the Church ministry or our activities, please contact the Parish Office below.

MASS TIMES

- St Mary's** (20 Merivale St, South Brisbane)
- Mon-Fri: 7am | Sat: 8am (Rosary after Mass)
 - Sunday: 9am and 5pm
- St Francis of Assisi** (47 Dornoch Tce, West End)
- Sunday: 9am
- St Ita's** (Pope St, Dutton Park)
- Saturday (Vigil): 5pm
 - Sunday: 10.30am (Indonesian)

Our Lady of Perpetual Succour
 (Victoria St, Fairfield)

- Sunday: 7am

CONFESSION

St Mary's Church
 Sat: 8.30am-9am | Sun: 4.15-4.45pm

St Ita's Church
 By appointment (contact parish office)

More information:

- Websites:** - www.southbrisbanestmarys.org.au
 - www.duttonparkcatholic.org.au
- FB:** - www.facebook.com/stmaryssouthbrisbane/
 - www.fb.me/duttonparkwestendcatholicparish

PARISH ADMINISTRATION

Parish Priest: Fr. Joshy Parappully OFM Cap
 Email: pp.southbrisbane@bne.catholic.net.au

Parish Deacon: Deacon Adam Walk
 Email: walka@bne.catholic.net.au

Pastoral Coordinator: Sr. Salvation Bunao SFI

Parish Secretary: Niken Westerman

Finance Officer: Kevin Bhasin

Parish Youth: southbrisbane@bne.catholic.net.au

Safeguarding Officers:

- St Mary's Church : Chris Bolger (0407 480 205)
- St Francis of Assisi: Liam Cunnane (0477 306 166)
- St Ita's Church: Liam O'Rourke (0411 033 321)
- OLPS Church: Paul Hogan (0418 742 760)

Office: 47 Dornoch Tce, West End, Q 4101

Telephone: 07 3844 2744

Postal: PO Box 3857, West End, Q 4101

Emails: - southbrisbane@bne.catholic.net.au
 - stistaspar@bne.catholic.net.au

ST ITAS'S PRIMARY SCHOOL

247 Gladstone Rd, Dutton Park, Q 4102

Phone: (07) 3838 8400

Email: pduttonpark@bne.catholic.edu.au

Web: www.stistasduttonpark.qld.edu.au

READINGS AT MASS

First reading: Zechariah 9:9-10

The Lord says this:

Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.

Responsorial Psalm: Psalm 144(145):1-2,8-11,13b-14

**R: I will praise your name for ever,
my king and my God**

I will give you glory, O God my king,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **R/**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **R/**

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **R/**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **R/**

Second reading: Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation: cf Matthew 11:25

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the kingdom.
Alleluia!

Gospel: Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the

learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Communion Antiphon: Ps 33: 9

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

(Excerpts from: The Roman Missal © 2010, International Commission on English in the Liturgy (ICEL) and Universalis © 1996-2018 Universalis Publishing Limited.

THIS WEEK'S Psalm Responses

Monday 10th:

In you, my God, I place my trust.

Tuesday 11th: Memorial (St Benedict)

In justice, I shall see your face, O Lord.

Wednesday 12th:

Lord, let your mercy be on us, as we place our trust in you.

Thursday 13th:

Remember the marvels the Lord has done.

Friday 14th:

The salvation of the just comes from the Lord.

Saturday 15th: Memorial (St Bonaventure)

Turn to the Lord in your need and you will live.

NEXT SUNDAY'S READINGS

1st reading: Isaiah 55:10-11

2nd reading: Romans 8:18-23

Gospel: Matthew 13:1-23

HOLY COMMUNION FOR THE SICK

If you know anyone who are homebound and wish to receive Holy Communion at their home, please contact the Parish Office (details at the back page).

MASS INTENTION

If you wish to have a mass intention for your departed loved ones, please use the envelope provided at the foyer of the Churches.

Please print the names for whom the mass is intended clearly with the specific date of the mass, and hand it in to the Priest/Church Coordinator.

Pilgrim Virgin Statue May - October

Invite a Pilgrim Virgin statue into your home from May to October and commit to praying the Rosary everyday while it is at your home.



Please contact the Parish Office for arrangements.

ST MARY'S CHURCH RESTORATION 2023 FUNDRAISING RAFFLE

We are selling raffle tickets for St Mary's Church Restoration fundraising.
\$2 per ticket or \$40 per ticket book.



Prizes		Valued at
1 st Prize	Hisense 55" A7HAU 4K UHD LED Smart Television +JBL Bluetooth HDMI Soundbar	\$880
2 nd Prize	Nintendo Switch Neon Console + Mario Kart 8 Deluxe	\$538
3 rd Prize	Coles Group & Myer Gift Card	\$400
4 th Prize	EUFY Robovac 25C	\$397
5 th Prize	Ninja Foodi Dual Zone Air Fryer	\$299
6 th Prize	Caltex Fuel Voucher	\$200

Tickets available at St Mary's Church or contact Douglas on 0412 193 462.

Tickets will be drawn on Sunday, 13 August at St Mary's Church after 9am Mass (St Mary's Feast Day).

ST FRANCIS TABLE MINISTRY MORNING TEA FOR GRANDPARENTS

St Francis Table Ministry for the Elderly invites all grandparents and elderly to a special morning tea and lunch to celebrate World Day for Grandparents.

Monday, 17 July 2023
9.00am - 01.00pm
St Francis' Hall, West End
Cost: free
RSVP: Parish Office - 3844 2744

SACRAMENT OF FIRST HOLY COMMUNION 2023



Enrolment is now open!

This sacramental program is for children who are currently in Year 4 or older and have received the sacrament of Confirmation.

If you wish to enrol your child in this program to receive the sacrament of First Holy Communion in 2023, please complete the enrolment forms and **return to the Parish Office by Monday, 24th July 2023.**

**Information Evening
Wednesday, 26th July 2023 - 6pm
St Ita's Church Dutton Park**

Please download the forms from our websites:
www.southbrisbanestmarys.org.au
or
www.duttonparkcatholic.org.au



NAIDOC WEEK (2-9 July)

The 2023 theme for NAIDOC week is "For Our Elders".

Across every generation, First Nations Elders have played, and continue to play, an important role and hold a prominent place in communities and families. They are cultural knowledge holders, trailblazers, nurturers, advocates, teachers, survivors, leaders, hard workers and loved ones.

All Australians can draw strength from their guidance, through generations of advocacy and activism, and their knowledge and experience in everything from land management, cultural knowledge to justice and human rights. This enriches us all.

First Nations communities use this week to pay their respects to the Elders lost, and to those who continue fighting for justice and dignity. It is also a time to celebrate culture, spirituality and community.

Local NAIDOC week events are held across the country. To find your local event please visit <https://www.naidoc.org.au/local-events/local-naidoc-week-events>

SEA SUNDAY 2023



Today is Sea Sunday, when the church prays for all those who live and work at sea. Without them, we would not have most of the items we rely on for daily living. Even during a pandemic, sea farers continue to bring into our ports products that sustain our population and economy.

The Appeal today is for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. It supports seafarers both practically and spiritually.

To assist this Catholic ministry, please send your donations to <https://stellamarisaustralia.org/sea-sunday-appeal/>

GRAND PLANS FOR GRANDPARENTS



Calling all grandparents!

Join with Evangelisation Brisbane for a morning that celebrates your important role in shaping the faith of your grand children and children. Grand Plans for Grandparents is a time together created to acknowledge, equip and empower you in this special role.

Stay on for Mass at Cathedral at 11:30am where you'll receive a special blessing, reaffirming the impact you have on your family's spiritual journey.

When: Saturday 22 July, 9:15 -11:15am
(followed by optional 11:30am Mass)

Where: Hanly Room, Francis Rush Centre
(196 Charlotte St, Brisbane City)

Cost: \$15

RSVP: Monday 17 July

register: <https://app.tickets.org.au/eb/grandparents>

FATHER JAMES SPENCE

Although already officially retired, Father James Spence is finally retiring from pastoral work with the Italian community at St Thomas More Church, Petrie Terrace! He has worked within the Brisbane diocese for 55 years.

He will be farewelled at the 9.15am Mass on Sunday 16 July 2023 at The Italian Catholic Centre, St Thomas More, cnr Chapel Street, Caxton Street and Hale Street Petrie Terrace.

Light refreshments will follow at the church from 10.15am

Please rsvp (for catering purposes) by 9 July to: lucyvaleri@hotmail.com or message 0417615923

Limited parking at church or parking at The Barracks, Caxton St, Petrie Tce.

Monetary contributions towards a farewell gift can be brought to the church on the day.

Fr. Joshy Parappully
Ph: (07) 3844 2744



FRANCISCAN & MARIAN PILGRIMAGE 2023

26th Oct - 4th Nov 2023

Franciscan and Marian Pilgrimage 2023

Group Director: Fr. Joshy Parappully
Destinations: Portugal, Spain and France
Tour Dates: 26 Oct 2023 – 4 Nov 2023
Price Per Adult: from A\$6990 (Double Occupancy Room)

Inclusions:

- All air fares and taxes flying Emirates Airlines economy class departing from Brisbane
- All airport transfers and assistance at airport
- All tour transfers and visas for Australian passport holders
- All accommodation in 3-star and 4-star hotels on a Twin Share basis
- Meals provided on a Half-Board basis (Breakfast and Dinner included)
- Services of English-speaking Tour Director
- Services of professional guides as indicated in the itinerary



Celebrating 150 years of Weddings at The Cathedral of St Stephen

In this 150th year of the Cathedral of St Stephen, couples who have been married at St Stephen's are invited to commemorate their years of marriage.

On Saturday, 30th September 2023, the Archbishop will celebrate Mass at 11:30am, followed by refreshments on the Cathedral grounds.

There will be a particular focus on Golden Wedding Anniversaries, however anyone married at the Cathedral or Chapel, is invited to attend.

If you have photos or stories to share, please contact David Todd.
email: toddd@bne.catholic.net.au
telephone: 3324 3030
by 1st September 2023

To register to attend the Mass and for catering purposes please RSVP by Friday 22nd September 2023
cathedral@bne.catholic.net.au
3324 3030

To register to attend the Mass and for catering purposes please RSVP by Friday, 22nd September 2023.

Email: cathedral@bne.catholic.net.au
Ph: 07 3324 3030

When was the last time you reviewed your Will?

/ HopgoodGanim Lawyers is a leading Australian independent legal and advisory firm operating nationally and internationally from Brisbane and Perth.

We can help you with:

- Wills and estate planning
- Estate administration and disputes

Key contact:
Greg Cox
Special Counsel
+61 7 3024 0331
g.cox@hopgoodganim.com.au

Visit our website www.hopgoodganim.com.au

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PARISH ACTIVITIES 2023

BAPTISMS

- 2nd Saturday of the Month - 9.30am: St Mary's (Booking is essential.)

PRAYER & ADORATION

- Tuesday 6.30pm: St Mary's Church
- Sunday 4pm: St Mary's Church

PERPETUAL EUCHARISTIC ADORATION

Saturdays after 8am Mass until Sundays 8.30am

ANOINTING OF THE SICK MASS

- 1st Friday - 7am: St Mary's Church
- 1st Saturday - 5pm: St Ita's Church
- 1st Sunday - 7am: OLPS Fairfield

CHILDREN'S LITURGY (School Term Only)

- Saturday - 5.00pm: St Ita's Church (Vigil Mass)
- Sunday - 9.00am: St Mary's Church

FAMILY MASS (School term only)

- 4th Saturday - 5pm: St Ita's Church

ST FRANCIS TABLE - Ministry to the Elderly

- 1st and 3rd Monday: 9am -1pm
St Francis Hall, 47 Dornoch Tce, West End

PLANNED GIVING PROGRAM

Please consider giving to our planned giving program.

Your continued support for our Parishes is appreciated. If you'd like to use direct debit please complete the form below and return to the Parish Office.

- [St Mary's Parish Direct Debit Request Form](#)
- [Dutton Park Parish Direct Debit Request Form](#)

Other ways of giving direct internet transfer:

- St Mary's Parish South Brisbane**
BSB: 064-786
Acc No: 100 009 890
Ref: Your Last Name and Collections
- Dutton Park Parish:**
BSB: 064-786
Acc No: 100 022 825
Ref: Last Name and Collections

We also have **Tap n Go** see Church Coordinator at Mass.

SAFEGUARDING

St Mary's Catholic Parish and Dutton Park Catholic Parish have zero tolerance for all forms of abuse and are committed to safeguarding everyone involved in their activities, ministries and services. The safety and wellbeing of children and adults-at-risk is paramount.

To make an anonymous report call 1300 304 550. For more information visit brisbanecatholic.org.au/safeguarding

